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I'm (No Longer) A Mormon: A Confessional



I'm (No Longer) a Mormon



A Confessional

by

Regina Samuelson



Synopsis

*2013 Brodie Award Winner in the Best LDS Interest (Memoir) category!*Now in her 30's, Regina Samuelson has decided she can no longer be Mormon. This is not as easy as one would imagine: She was born in the church, educated at BYU, married in the temple, and is raising more Mormons. She faced a serious conundrum: keep quiet (and avoid losing everything dear to her), or tell the world what being raised LDS does to a person's psyche, especially when they realize that everything they were taught and everything they hoped to believe is a lie. To expose the difficulty faced by Mormons who leave the Church and to seek support for their plight, Regina offers a first-person confessional memoir recounting her many atrocious experiences, managing to weave in humor to keep you turning pages, and enough brutal honesty to bring you to an understanding of what it is to be a Mormon, and to try to leave it behind...

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Customer Reviews

Like many others, I began reading "I'm (No Longer) a Mormon" nodding my head. Like Regina, I am extremely dissatisfied with the Mormon church. I learned very late in the game all of the "issues" that Regina brings up about church history that I never knew, coupled with a misogynist outlook by the church hierarchy and the less-than Christian outlook towards gays and women in the church. I

too refuse to pay tithing that will go for a 5-billion dollar mall in Utah, just as the members are used as janitors for cleaning the buildings to save the Mormon church a buck, and as special needs people who used to work for Deseret Industries are losing their jobs because it's financially beneficial to the "corporation" to use the free service that comes from service mission-type employees. Also, Prop 8 was the beginning of the end for me, and lots of other Mormons. Unfortunately, I think that I feel that Regina lost credibility when she began to talk about the myriad of sexual escapades that happened at her time at BYU. Yowsa. That's a lotta sexual situations. I was no saint when I went to BYU, and I never ran into that much crap. My daughter says the worst things she saw was kids watching R-rated movies on a regular basis. If all of this happened to Regina while she was there, then there was some crazy shiz going on... and I don't think that relating all of that helps move Regina's point forward. If the point was that there are all sorts of guys and girls running around BYU breaking the rules, and acting like regular college kids while pretending to be all righteous and spiritual, then let's just say that. I do, however, totally think that it's legitimate to point out the "blaming the victim" mentality of bishops when a young women is put in a compromising position with a young male ...

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